

# **Shelter Health & Social Medicine**

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### **Rotation Description**

On this rotation you will spend time in a variety of clinical settings and be exposed to a wide variety of primary care patients, many of whom have complex medical and psychosocial needs. You will work alongside family physicians and other health and social service providers. You will have an opportunity to consider social and other determinants of health. Of note, a horizontal elective is also possible depending on preceptor availability in any given month.

# Description of the clinical duties performed

Clinical duties will take place in a variety of outpatient settings, including medical clinics and shelters/drop-in centres, the CMHA Health Centre, WECHC's Hepatitis C clinic, the Medical Mobile Support (MMS) bus, or the Mobile Outreach and Support Team (MOST) van.

Any time spent in the Hepatitis C clinic, on the MOST van, or on the MMS Bus will be considered an "observership" opportunity, and these clinics are primarily served by non-physician healthcare workers.

### **On-call requirements**

There are no on-call requirements, however please note that some clinical time may be scheduled in the evenings, and so the resident would be expected to complete shift work and would not be expected to attend clinic on the morning where they were scheduled to be in clinic in the evening.

#### Clinical content (statistics of types/#s of patients if available)

This will vary based on the setting; some work will be outreach-based, some will be walk-in based, and some clinics will have pre-booked appointments, with 1-6 patients booked per hour, depending on complexity of the presentation. Some settings will offer more of an "observership" role.

## **Objectives/Expectations**

# **Ambulatory**

- A1. Diagnose and manage common acute (urgent & non-urgent) presentations and diseases across the life cycle
- A2. Diagnose and manage common subacute and chronic presentations and diseases (including multimorbidity) across the life cycle
- A3. Provide wellness and preventive care across the life cycle
- A4. Diagnose and manage common mental health presentations and diseases across the life cycle
- A5. Perform common office procedures
- A6. Provide care for marginalized populations
- A7. Diagnose and manage pregnancy-related conditions

#### **Leader Competencies**

L 1.2 Contribute to a culture that promotes patient safety
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L 2.2 Apply evidence and management processes to achieve cost-appropriate care

### **Scholar Competencies**

- S 3.1 Recognize practice uncertainty and knowledge gaps in clinical and other professional encounters and generate focused questions that address them
- S 2.5 Provide feedback to enhance learning and performance
- S 2.4 Plan and deliver a learning activity

### Level of residents accepted (R1, R2, R3)

R1, R2, R3

# Number of residents accepted per block

One

### **Teaching**

Residents will be presented with topical journal articles at the beginning of the rotation which they will be asked to review. Once a week over the lunch hour, the resident will have an opportunity to discuss with the family medicine preceptor that week's selected article.

Additionally, residents will be asked to write two narrative reports where they will have an opportunity to explore their own observations and sentiments over the course of the elective.

## **Description of location** (links to town web pages accepted)

https://citywindsor.ca/Pages/Home.aspx

http://www.welcomecentreshelter.com/

https://salvationarmywindsor.ca/

https://cmhahealthcentre.ca/

https://www.medicalwellnesscentre.com/

https://www.hdgh.org/MOST

https://wechc.org/hepatitis-c-support-treatment-street-health/

